

»» **PLAN YOUR CAREER PATH**

OCCUPATIONAL OPPORTUNITIES

DISABILITY SUPPORT PROGRAMS & SERVICES

This class can help you find a good job that suits your skills and your disability.

Learn about jobs in the field in which you are interested and would like to work.

Class topics include:

- » **Learn job search techniques**
- » **Work on communication and interview skills**
- » **Create a great resume**
- » **Learn about job accommodations**
- » **Develop networking skills**
- » **Learn how to get connected with community resources**



REGISTRATION » CLASSES ARE FREE. PRE-REGISTRATION IS REQUIRED. PLEASE SEE BELOW.

Schedule

Tuesdays
1-3pm

Instructor

Lori Contreras

Location

CE at Mesa College, Room 217
7350 Armstrong Place/92111

For enrollment information or an intake appointment, contact: DSPS Counselor at 619-388-1952

Schedule

Wednesdays
12:30-2:30pm

Instructor

Lori Contreras

Location

Mid-City Campus, Room 318
3792 Fairmount Avenue/92105

For enrollment information or an intake appointment, contact: DSPS Counselor at 619-388-4556